

The TCS Food Offer

Dear Parents/Carers,

Every child should enjoy a safe, satisfying, nutritious meal at lunchtime, giving them energy for the rest of the day. Wherever possible TCS Education Catering Ltd use Fresh, Farm Assured Local Meat and Vegetables, supporting local farms and suppliers, our fish is MSC certified to prove its sustainability and we do not knowingly use unsustainable palm oil or GM products.

'Home' cooked meals using good quality ingredients made with love by well trained and supported kitchen staff make sure your child is given a tasty and nutritious lunchtime meal.

Our menus are bespoke, one size does not fit all, they are compiled by experienced teams working with your school to ensure we include the different tastes and diversity of its children and staff.

Every day there will be a main meal and a vegetarian option, some schools include a filled jacket potato, filled baguette, fresh self-serve salad bar, fresh homemade bread, fruit yogurt, fresh fruit pots along with the main dessert of the day. We have included our 'covert recipes' range with additional blitzed down vegetables added to our savoury sauces and additional fruit and wholegrain added to our desserts, along with things like beetroot added to our chocolate cake and courgette added to our lemon cake.

We encourage hydration and fresh chilled water is available throughout service as well as chilled semi skimmed milk.

Yours sincerely



Contract Manager



Free Meals

All pupils in Reception, Year 1 and Year 2 are entitled to a free school meal, what a great time to introduce your child to eat new things with their friends

If you believe your child may be entitled to free school meals you can apply at [//www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals) or contact your school office. All free school meal children have the same choices as the paid and there is nothing to distinguish them apart.

TCS endeavour to be ensure that every child that has allergies are safely catered for and have listed all allergens on our menus as given to us by our suppliers, but at a time of shortages when substitutes may be sent by our suppliers, we cannot guarantee this 100%.

This menu shows the allergens contained in each dish, as listed below. These are a guideline only and if your child has any severe allergies then we will talk to you individually to assess your child's needs – please contact: sarah@tcsinfo.co.uk

Allergen Key: Gluten (G), Soybean (S), Mustard (M), Sesame (A), Sulphites/Sulphur Dioxide (Y), Milk/Dairy (D), Fish (F), Egg (E), Celeriac/Celery (C),

Some of our schools use pre prepped potatoes or vegetables these may contain sulphites and celeriac. We do not use any nuts in our recipes but some products are produced in a factory where nuts may be processed.

TCS Contact Details: Total Catering Solutions (SE) Ltd, Unit 7, Kent Space, Springhead Road, Northfleet, Kent DA11 8HJ.
01474 555503 (unmanned) gill@tcsinfo.co.uk

SHORNE

ANNOUNCING OUR AUTUMN/ WINTER MENU 2024/25



A fresh approach to Education Catering

AUTUMN/WINTER MENU 2024/25

Shorne

WEEK ONE 2024 W/C - 2nd Sept, 23rd Sept, 14 Oct, 4th Nov, 25th Nov, 16th Dec
2025 W/C - 6th Jan, 27th Jan

WEEK TWO 2024 W/C - 9th Sept, 30th Sept, 21st Oct, 11th Nov, 2nd Dec,
2025 W/C - 13th Jan, 3rd Feb

WEEK THREE 2024 W/C - 16th Sept, 7th Oct, 18th Nov, 9th Dec
2025 W/C - 20th Jan, 10th Feb

MONDAY

Cheesy Pasta Twists (G,D)
 Veggie Goujons
 Filled Jacket Potato** Filled Wraps (G)#
 Garlic Bread (G)
 Peas, Broccoli
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

TUESDAY

Cheeseburger in a Bun (G,D,S,A*)
 Quorn Burger in a Bun (E,D,G,A*)
 Filled Jacket Potato** Filled Wraps (G)#
 Oven Baked Jacket Potato Wedges
 Baked Beans Sweetcorn
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

WEDNESDAY

Roast Turkey with Yorkshire Pudding (E,D,G) & Gravy
 Veggie Sausages (G) with Yorkshire Pudding (E,D,G)
 Filled Jacket Potato** Filled Wraps (G)#
 Roast Potatoes
 Carrots, Cabbage
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

THURSDAY

Mild Chicken Curry (Y)
 Singapore Noodles (E,G,S)
 Filled Jacket Potato** Filled Wraps (G)#
 Rice & Naan Bread (G)
 Vegetable Medley
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

FRIDAY

Golden Fish Fingers (F,G)
 Cheese Puff (G,D)
 Filled Jacket Potato** Filled Wraps (G)#
 Chipped Potatoes, Peas, Baked Beans
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)



MONDAY

Oven Baked Sausages (G,Y)
 Oven Baked Veggie Sausages (G)
 Filled Jacket Potato** Filled Wraps (G)#
 Jacket Potato Wedges
 Baked Beans, Sweetcorn
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

TUESDAY

Chicken Pie (G,D)
 Garden Vegetable Pie (G,D)
 Filled Jacket Potato** Filled Wraps (G)#
 Crispy Cubed Potatoes (G)
 Broccoli, Peas
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

WEDNESDAY

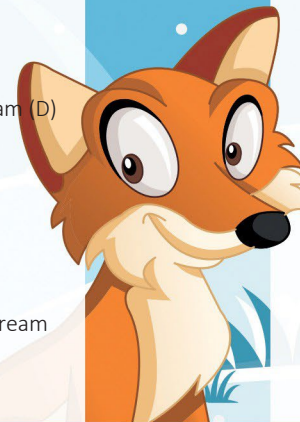
Roast Chicken with Yorkshire Pudding (E,D,G) & Gravy
 Roasted Vegetable Wrap (G,D)
 Filled Jacket Potato** Filled Wraps (G)#
 Roast Potatoes
 Cauliflower, Carrots
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

THURSDAY

Pasta Bolognese (G)
 Tomato Pasta (G)
 Filled Jacket Potato** Filled Wraps (G)#
 Garlic Bread (G)
 Vegetable Medley
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

FRIDAY

Golden Fish Fingers (F,G)
 Veggie Goujons
 Filled Jacket Potato** Filled Wraps (G)#
 Chipped Potatoes, Peas, Baked Beans
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)



MONDAY

Battered Chicken Bites (G,D,S,C) with Sweet Chilli Dip
 Veggie Goujons with Sweet Chilli Dip
 Filled Jacket Potato** Filled Wraps (G)#
 Crispy Cubed Potatoes (G)
 Baked Beans, Peas
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

TUESDAY

Homemade Pizza Slice (G,D,S)
 Filled Jacket Potato** Filled Wraps (G)#
 Garlic Bread (G)
 Sweetcorn, Baked Beans

Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

WEDNESDAY

Roast Gammon with Yorkshire Pudding (E,D,G) & Gravy
 Quorn Roast (E,D) with Yorkshire Pudding (E,D,G) & Gravy
 Filled Jacket Potato** Filled Wraps (G)#
 Roast Potatoes
 Carrots, Cabbage
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

THURSDAY

Spanish Chicken
 Falafel in a Wrap (G)
 Filled Jacket Potato** Filled Wraps (G)#
 Rice, Vegetable Medley
 Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

FRIDAY

Golden Fish Fingers (F,G)
 Cheese and Tomato Quiche (G,D,E)
 Filled Jacket Potato** Filled Wraps (G)#
 Chipped Potatoes
 Peas, Baked Beans

Biscuit (G), Jelly, Rice Crispy Cake (G) or Ice Cream (D)

Available Daily – Fresh Fruit, Low Fat Milk (D), Chilled Water, 50/50 Homemade Bread (G,D,S,E*).

**Jacket Potato & Wrap fillings- Cheese (D), Baked Beans, Tuna (F,E,M) Menus subject to change. No genetically modified ingredients knowingly used.